

## ABOUT TANZANIA

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### Language

The main languages spoken are Swahili and English. Locals appreciate any Swahili you can speak!

English	Swahili
Hello	Jambo
Goodbye	Kwaheri
How are you?	Habari?
Fine	Mzuri (sounds like Missouri)
Please	Tafadhali
Thank you	Asante
Thank you very much	Asante sana
Yes	Ndio
No	Hapana
Go slowly	Pole pole
Beer	Pombe
Coffee	Kahwa
How much/many?	Ngapi?

### Money

The local currency is Tanzanian shillings. U.S. dollars may be accepted by larger stores, but you will need local currency for small purchases. Credit cards are generally **not** accepted, nor are there ATM's. Bring the bulk of your money in traveler's checks, but also bring some cash including smaller bills. When you exchange money, be sure to get some smaller bills as change is not always available.

### Moshi

Moshi is a typical African town. The roads are in horrible shape. Shopping is limited, and bargaining is the norm. Caucasians may get charged more than an African, so take your guides shopping if possible. The streets are not safe after dark. You will want a local to escort you if driving or walking after dark. Hide money, all jewelry no matter how cheap, and any expensive items you have with you while walking around. There are many pickpockets and scam artists.

## International Telephone Calls

This is general information only. Please do your own research for the best/current rates from any service.

- Using the In Touch Global Calling Card to call from Tanzania to United States, the rate is \$1.4751 per minute.
- Using the In Touch Global Calling Card to call from Tanzania to the United Kingdom, the rate is \$1.5055 per minute.
- Using the In Touch Global Calling Card to call from Tanzania to Canada, the rate is \$1.502 per minute.
- To dial Canada or the US from a cell phone in Tanzania, dial: 000 + area code + telephone number.

## Web Sites

For more information, you may want to visit the following Web sites.

- Tanzanian Tourism Board - <http://tanzaniatouristboard.com/>
- Tanzania National Parks & Game Reserves - <http://www.africaonline.co.tz/AfricaOnline/travel/parks.html>
- Travel Information on Tanzania - <http://www.traveldocs.com/tz/>
- U.S. Department of State - <http://travel.state.gov/tanzania.html>
- Culture Travel Programs - <http://www.tourismtanzania.org/>
- Tanzania National Parks (TANAPA) - <http://www.habari.co.tz/tanapa/>
- Shrinking Glaciers - <http://www.gsfc.nasa.gov/topstory/2002/1216kili.html>
- Ngorongoro Crater - <http://www.ngorongoro-crater-africa.org/>
- Time in Tanzania - <http://www.timeanddate.com/worldclock/city.html?n=71>

## VISA REQUIREMENTS

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For the most recent information regarding visa requirements, go to the U.S. State Department Web and the Tanzanian Embassy Web site at:

[http://travel.state.gov/travel/tips/brochures/brochures\\_1229.html#](http://travel.state.gov/travel/tips/brochures/brochures_1229.html#)

[http://www.tanzaniaembassy-us.org/visa\\_passport/visapassport.html](http://www.tanzaniaembassy-us.org/visa_passport/visapassport.html)

Currently a valid U.S. passport (at least six months before expiry) and visa are required for entry into Tanzania (including Zanzibar). Single- and multiple-entry tourist visas are valid for 3 months. You can get the visa application from the Tanzania Embassy Web site (link provided above) or call them in Washington D.C. at 202-939-6125, and ask for a visa application. You will need to send:

- your passport
- one application per traveler
- one passport-size photo
- \$50 money order for each person (no checks)
- prepaid return envelope to the embassy

Allow 30 days for processing. You might want to consider sending it certified mail or Federal Express both directions to ensure the safety of your passport.

### **Information for your visa application.**

Contact Information in Tanzania

Zara Tanzania Adventures  
P.O. Box 1990  
Moshi

Proof of sufficient funds while in Tanzania (one of the following)

- Copy of your last bank statement (account #, etc. crossed out)
- Letter from your banker